

## Contents – Me and my life

In this section you will cover the following language and concepts:



1. My family	<p><b>Vocabulary:</b> Place of residence; parents (father, mother); brothers/sisters; grandfather/ grandmother; school subjects</p> <p><b>Structures:</b> Present simple first and third person singular: I live/he lives; I have/she has; ...good at/not very good at + ...ing; His/her name is; His/her mother's name is...</p>
2. My day	<p><b>Vocabulary:</b> Get up; eat/have breakfast/lunch/dinner; have a bath; do sports; pray; sweep the floor; go to bed; go to sleep; start school</p> <p><b>Structures:</b> The time: at seven o'clock, at half past seven; Present simple questions using 'do' with the time</p>
3. My likes and dislikes	<p><b>Vocabulary:</b> Dancing; playing football; reading comics; going to the cinema; doing homework; playing netball; fighting; cleaning; walking to school; listening to music; coffee; pineapples; bananas; rice; snakes; popular; school subjects (such as English, mathematics, science, etc.)</p> <p><b>Structures:</b> I like/don't like (noun); I like/don't like ...ing; Yes, I do/No, I don't; My favourite X is...; The most popular X is ...</p>
4. My home	<p><b>Vocabulary:</b> Town; region; north; south; east; west; industry; buildings (bank, post office; school; cinema; hospital; supermarket; police station); near; next to; jobs (farmer, etc.); food processing; manufacturing.</p> <p><b>Structures:</b> There is/are; It is...; It has...</p>
5. My future plans	<p><b>Vocabulary:</b> Help; study; read; play; practise; go shopping; listen to music</p> <p><b>Structures:</b> You are going to... ; She is going to... ; He is going to... ; I am going to... ; She/he isn't going to... ; I'm not going to...</p>

## Topic 1: Me and my life

6. My old school	<p><b>Vocabulary:</b> Take; eat; play; have; learn; study; start; read; (plus other school verbs which may emerge); patient; noisy</p> <p><b>Structures:</b> Regular past verbs: played, started; Irregular past verbs: took, ate, read, studied, had; Simple past negative: 'I didn't like...'</p>
7. Stories from my country	<p><b>Vocabulary:</b> hut; yard; lonely; firewood; gourds; noble chieftain; seeds; plants; vanish; roof; calabash; dry; turn into; climb; surprised</p> <p><b>Structures:</b> Simple past regular and irregular verbs (is/was; live/lived; die/died; have/had; clean/cleaned; feed/fed; wash/washed; carry/carried; cut/cut; cook/cooked; look/looked; pray/prayed; grow/grew; appear/appeared; give/gave; vanish/vanished; are/were; can/could; put/put; want/wanted; hope/hoped; go/went; begin/began; call/called, help/helped; run/ran; make/made; sit/sat; start/started; turn/turned; happen/happened, hide/hid; learn/learned</p>
8. My life at secondary school	<p><b>Vocabulary:</b> School subjects; strict; improve; playtime; future</p> <p><b>Structures:</b> Will/won't; I think... will happen; I don't think... will happen; I think so; I don't think so.</p>
9. My hopes and dreams	<p><b>Vocabulary:</b> Ambitions; bus driver; lawyer; tailor; photographer; hard job; hard work; fun; exciting; interesting; grow up</p> <p><b>Structures:</b> I'd like to...; I want to...; I hope to...; When I am older...; When I grow up...</p>
10. My English	<p><b>Vocabulary:</b> Listen; understand; read; speak; write</p> <p><b>Structures:</b> I can...; I can't...; I need to...; I should...; (plus all structures from lessons 1 to 9.)</p>

## Lesson 1: My family

### Activity 1



Listen and complete the chart.

Not very good at: \_\_\_\_\_

Grandfather: \_\_\_\_\_

Grandmother: \_\_\_\_\_

Brothers: \_\_\_\_\_

Sisters: \_\_\_\_\_

Parents' names: \_\_\_\_\_

Good at: \_\_\_\_\_

Age: \_\_\_\_\_

Lives in: \_\_\_\_\_

### Activity 2



Choose the correct verb and write the full sentence.

- Her name is/am/are \_\_\_\_\_.
- She is/am/are \_\_\_\_\_ years old.
- She lives/live in \_\_\_\_\_.
- Her parents' names is/are \_\_\_\_\_ and \_\_\_\_\_.
- Neema am/is/are good at \_\_\_\_\_ but she am/is/are not very good at \_\_\_\_\_.

Lesson 2: My day

Activity 1



Look at the pictures and answer your teacher’s questions.



Activity 2



Listen to the teacher telling us what Rashidi does every day. Write the time next to the actions.

Time	Activity
	He goes to sleep.
	He has lunch.
	He does sport.
	He starts school.
	He gets up.
	He has a bath.
	He has dinner.
	He prays.
	He feeds the animals.
	He has breakfast.

## Lesson 3: My likes and dislikes

### Activity 1



What are the people doing in this picture?



Look at the things and activities in the box and write which you like/don't like.

dancing	playing football	snakes	reading comics
pineapples	listening to music	going to the cinema	doing homework
cleaning	bananas	fighting	playing netball
rice	juice	walking to school	coffee

### Activity 2



Do a class survey. What are the most popular things?

Write down all your favourites:

My favourite fruit is ...

My favourite game/sport is ...

My favourite school subject is ...

My favourite animal is ...

My favourite colour is ...

My favourite song is ...

## Lesson 4: My home

### Activity 1



Look at the location of Mafinga on this map and answer your teacher's questions.



My home town is Mafinga. It is a town in Iringa region of Tanzania with a population of over 50,000. Iringa is one of the regions of the Southern Highlands zone of Tanzania. The other regions that make up the Southern Highlands are Mbeya, Rukwa, Katavi, Ruvuma and Njombe. Iringa is the second largest region in the Southern Highlands after Mbeya. The region is next to Singida and Dodoma regions to the North, Morogoro region to the East, Ruvuma region and Lake Nyasa to the South and Mbeya region to the West.

The people of my town are mostly farmers. We grow maize, beans, potatoes, sunflowers, groundnuts and wheat. Our land is very fertile and it rains throughout the year. The town has several industries including manufacturing and food processing.

**What words are missing from these sentences?**

- \_\_\_\_\_ people live in Mafinga.
- Most people in Mafinga work as \_\_\_\_\_.
- The main industries in Mafinga are \_\_\_\_\_ and \_\_\_\_\_.
- Mafinga belongs to the \_\_\_\_\_ region.
- Iringa region is near \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

### Activity 2



**With your partner make notes about your town.**

1. Which region is your town in?	
2. What buildings are there in your town?	
3. What activities can you do in your town?	
4. Is your town similar to Mafinga? In what ways?	

## Lesson 5: My future plans

### Activity 1



Listen to your teacher telling you about Dalaila's plans for the weekend. Are these statements true or false?

- a) She is going to sleep a lot.
- b) She is going to help her mother.
- c) She is going to meet her friends.
- d) She is going to play with her sisters.
- e) She is going to study English.
- f) She is going to go shopping.
- g) She is going to read three books.
- h) She is going to listen to music.
- i) She is going to practise gymnastics.



### Activity 2



Write six sentences about your plans for the weekend. Write three that are true and three that are false. Then work in groups. Your group will decide which sentences are true and which are false.

Examples:

I am going to fly an aeroplane.

I am going to read a newspaper.



## Lesson 6: My old school

### Activity 1



Read this text and fill in the gaps with the past tense verbs from the box on the board. You need to use some verbs more than once.



My old school \_\_\_\_\_ smaller than this school. It \_\_\_\_\_ six classrooms and three hundred children. My teacher \_\_\_\_\_ very patient but sometimes we \_\_\_\_\_ very noisy!

I \_\_\_\_\_ school when I \_\_\_\_\_ six years old. My mother \_\_\_\_\_ me to the bus stop and I \_\_\_\_\_ very nervous! But soon I \_\_\_\_\_ lots of new friends.

In my old school we \_\_\_\_\_ lots of interesting things. We \_\_\_\_\_ science and reading, of course but we also \_\_\_\_\_ the classroom and the yard. We \_\_\_\_\_ rice and beans almost every day! We \_\_\_\_\_ story books, geography books and history books but the best part for me was when we \_\_\_\_\_ volleyball outside!

### Activity 2



Now write three sentences about your old school, like this.

In my old school I \_\_\_\_\_ every day.

My old school had \_\_\_\_\_.

In my old school I liked \_\_\_\_\_ but I didn't like \_\_\_\_\_.

## Lesson 7: Stories from my country

### Activity 1



Listen to a story about a woman called Shindo and say whether these sentences are true or false.

1. Shindo lived near a river.
2. Shindo was sad and lonely.
3. Shindo had a family.
4. Shindo asked the Mountain Spirit to help her.
5. A messenger gave Shindo some gourd seed.
6. The seeds took many months to grow.
7. Shindo kept one gourd for herself.
8. The gourds changed into children.
9. Kitete helped the children climb down from the roof.
10. Shindo hated her new children.
11. Shindo was angry with Kitete.
12. Shindo didn't live with the children in her house.
13. Shindo was very happy to have the children back with her.



### Activity 2



Write corrections for the sentences that are not correct.

Example: Shindo didn't live near a river, she lived at the foot of a mountain.

## Lesson 8: My life at secondary school

### Activity 1



Your life at secondary school will be different from your life at primary school. Now that you know your new school, which of these predictions do you agree with?



1. I think we will learn different sports.
2. I think we will use computers.
3. I think the teachers will be very strict.
4. I think the lessons will be difficult.
5. I think my English will improve.



### Activity 2



Write predictions about these things in your life at secondary school in your exercise book using 'will' or 'won't'.

- a) different school subjects (mathematics, biology, music, etc.)
- b) playtime
- c) friends
- d) homework

## Lesson 9: My hopes and dreams

### Activity 1



Look at the picture and name the jobs done by the people.



Listen to four secondary school students talking about what jobs they want to do when they are older.

Write the job the person wants to do next to their name.

Juma -

Sheila-

Grace -

Elias -

### Activity 2



Write three sentences about your hopes for your future. Write about your hopes for travel, study, family and jobs.

Here is an example:

When I am older I hope to go to university to study to become a doctor.

## Lesson 10: My English

### Activity 1



Ask your partner these questions. Write down your partner's answers and together correct any mistakes in their English.

1. Can you tell me about your family?
2. What time do you get up on school days?
3. What do you like doing in your free time?
4. What are the most important buildings in this town?
5. What are you going to do this weekend?
6. What do you remember about your primary school?
7. What did you do last weekend?
8. How do you think our life will be different in secondary school?
9. What do you hope to do when you are older?

### Activity 2



Think about your English.

For each statement write either *Yes*, *No*, *Sometimes* or *I need to work on this*.

I understand my teacher speaking in English.

I feel good speaking English, I can express my ideas.

When I read English, I can understand the important things.

My writing in English is good.